

WELLNESS BENEFIT

Effective from 01/01/2017 Scheme Policies and Protocols Apply Throughout



TopMed offers Wellness Benefits on all options except TopMed Network, allowing you access to certain preventative screening tests which are payable from TopMed's Major Medical Benefit, thus extending your day-to-day benefits.

Category	Sub Category	Age Band	Tariff Code	Frequency	Max rate payable at TopMed Tariff
Immunisation program	Influenza Vaccination	All		1 every year	100%
	Baby Immunisation	Covered for the first 6 years of life		According to the Dept of Health protocols	100%
	Tetanus	All		1 every year	100%
	Pneumococcal	Beneficiaries aged 60 years and older, high risk individuals		1 every year	100%
Screening benefit (Health Assessment)	- BMI	All adult beneficiaries		1 every year	100%
	- Blood sugar test (finger prick)	All adult beneficiaries		1 every year	100%
	- Blood pressure test	All adult beneficiaries		1 every year	100%
	- Cholesterol test (finger prick)	All adult beneficiaries		1 every year	100%
Early detection tests	General physical examination (at a GP)	Adults 30-59 years	0190/0191/0192	1 medical examination every 3 years	100%
		Adults 60-69 years	0190/0191/0192	1 medical examination every 2 years	100%
		Adults 70 years & older	0190/0191/0192	1 medical examination every year	100%
	Pap smear				
	- Consultation	Females 15 years & older	0190/0191/0192	1 every year	100%
	- Pathology Test	Females 15 years & older	4566/4559	1 every year	100%
	Prostate Specific Antigen (PSA) Test (Pathologist)	Males 40-49 years	4519	1 every 5 years	100%
		Males 50-59 years	4519	1 every 3 years	100%
		Males 60-69 years	4519	1 every 2 years	100%
		Males 70 years & older	4519	1 every year	100%
	Free Prostate Specific Antigen (Free PSA) Only if PSA is raised (Pathologist)	Males 40-49 years	4524	1 every 5 years	100%
		Males 50-59 years	4524	1 every 3 years	100%
		Males 60-69 years	4524	1 every 2 years	100%
		Males 70 years & older	4524	1 every year	100%
	Only if finger prick is raised above 6mmol/L				
	- LDL	All adult beneficiaries	4026	1 every year	100%
	- Basic total	All adult beneficiaries	4027	1 every year	100%
	- HDL	All adult beneficiaries	4028	1 every year	100%
	- Triglyceride	All adult beneficiaries	4147	1 every year	100%
	- Lipogram	All adult beneficiaries	4025	1 every year	100%
	Only if finger prick is raised above 11mmol/L				100%
	- Blood sugar - Quantitative	All adult beneficiaries	4057	1 every year	100%
	HIV Elisa Test	Beneficiaries 15 years and older	3932	1 every year	100%
	Mammogram (Includes Sonar)	Females 40 years and older	34100/34101	1 every 2 years	100%
	Bone Densitometry	Beneficiaries 50 years and older	3604/50120/58531	1 every 3 years	100%
	Glaucoma test	Beneficiaries 40-49 years	3002 /11202/ 11212 /3014	1 every 2 years	100%
Beneficiaries 50+ years		1 every year			

Please note: Except in the case of PMBs, any consultations and costs not specifically stated above but related to the above tests will be paid from your day-to-day benefits.